

The ICPD PoA

- THE INTERNATIONAL CONFERENCE ON POPULATION & DEVELOPMENT (ICPD) TOOK PLACE IN CAIRO IN 1994
- 179 COUNTRIES ADOPTED A PROGRAMME OF ACTION (PoA) FOR THE WORLD'S POPULATION & DEVELOPMENT THAT:
 - ◆ PUTS HUMAN RIGHTS AT THE HEART
 - ◆ RECOGNIZES THE IMPORTANCE OF SEXUAL & REPRODUCTIVE HEALTH & RIGHTS (SRHR)
 - ◆ FOCUSES ON THE INTERCONNECTEDNESS OF KEY POPULATION ISSUES



Commission on Population & Development (CPD) 101

4TH MARCH 2026

Challenges of the CPD

- WATERED-DOWN LANGUAGE & COMPROMISES
- RISK OF REGRESSION
- COMMITMENTS NOT BINDING
- REGIONAL DISPARITIES



ICPD Review Process

- GLOBAL REVIEW EVERY 5 YEARS TO TRACK GLOBAL COMMITMENTS & ENSURE ACCOUNTABILITY
- AHEAD OF THE LAST IMPLEMENTATION REVIEW, THE ICPD +30, THE COTONOU YOUTH ACTION AGENDA WAS CREATED AT THE GLOBAL YOUTH DIALOGUE.

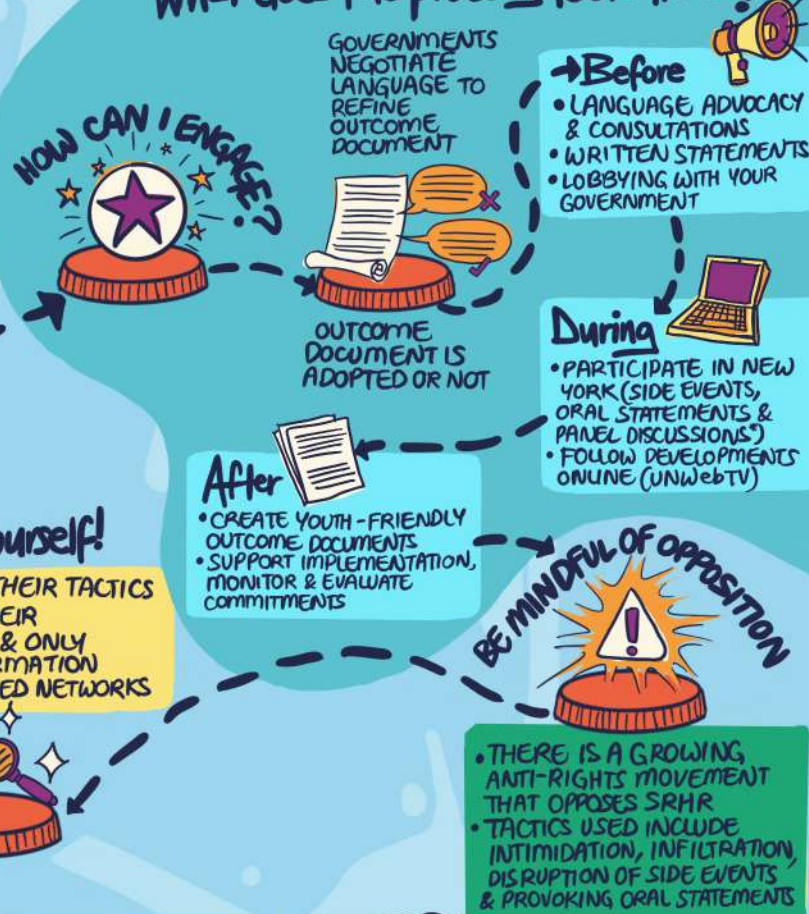


- TAKES PLACE YEARLY AT THE UN IN NEW YORK
- IS A CRITICAL SPACE FOR YOUNG PEOPLE TO PUSH FOR PROGRESS ON THE ICPD PoA

At the CPD

- 1 INFORMALS:**
 - MEMBER STATES ONLY
- 2 FORMALS:**
 - OPEN TO EVERYONE
 - DEBATE FORMAT
 - SHARING PROGRESS, CHALLENGES & BEST PRACTICES
- 3 SIDE EVENTS:**
 - FILM
 - DIALOGUE
 - PRESENTATIONS
 - DISCUSSIONS

What does the process look like?



Mental Health Tips

- MINDFULNESS
- BREAKS
- BOUNDARIES & REALISTIC EXPECTATIONS
- SUPPORT & SELF-COMPASSION
- PHYSICAL ACTIVITY
- HYDRATION

Practical tips for NY

- BUY OR BRING:
- A CHARGER & ADAPTER
 - AN E-SIM
 - CARD/CASH
 - LAYERS & COMFY SHOES
- THE METRO IS AN EASY & AFFORDABLE WAY TO MOVE AROUND THE CITY.

Join the ICPD Youth Platform

- Created by and for young people
- COORDINATED YOUTH MOVEMENT TO DRIVE PROGRESS ON SRHR IN ANNUAL CPD & FOLLOW UP OF ICPD PoA
 - SPACE FOR YOUTH-LED ADVOCACY, MUTUAL LEARNING & SUPPORT

Safeguard yourself!

- READ CHOICE'S GUIDE ON SAFEGUARDING & MENTAL HEALTH + OTHER SAFETY & SECURITY TIPS
- WHEN IN DOUBT, ASK FOR HELP!

Prepare yourself!

- RESEARCH THEIR TACTICS
- MONITOR THEIR ARGUMENTS & ONLY SHARE INFORMATION WITHIN TRUSTED NETWORKS



KNOW EXACTLY WHAT YOU ARE ADVOCATING FOR & SET PRIORITIES. DEFINE YOUR OWN GOALS AND SUCCESS & LEAN ON COMMUNITY.

Neisha



LISTEN TO & NOTE DOWN OPPOSITION VIEWS TO STRENGTHEN OUR ADVOCACY. ALSO NETWORK & CONNECT WITH PEOPLE PRESENT.

Ayesha



DON'T FEEL TOO SMALL TO PARTICIPATE AND REMEMBER TO REST.

Dellarman



WHEN UNSURE, ASK THOSE WITH MORE EXPERIENCE WHILE BRINGING YOUR NATIONAL PERSPECTIVE TO THE TABLE.

Ela

*YOU NEED ACCREDITATION FROM AN ECOSOC ACCREDITED ORGANISATION TO ATTEND IN-PERSON

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